

# 10 PRINCIPLES OF POWER FOR SIGMA MALES

How To Become A Sigma Male

**BY KING'S LIFESTYLE**

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# INTRODUCTION

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*There used to be a strict binary classification of men into Alpha and Beta males.*

*However, this is no longer the case. Instead, there is a new but rare middle ground between these classifications called Sigma males.*

*Yes, Sigma males.*

*You might be wondering, what does this even mean?*

*Don't worry. Find a comfortable chair, and grab your coffee,*

*We will tell you about 10 traits that define a Sigma male.*

*But to whet your appetite,*

*Sigma males have excellent leadership skills like alpha males, but they are NOT to be confused with alpha males,*

*Sigma males have a preference for personal space, but again, they are NOT to be confused with omega males,*

*Sigma Males are different from Alpha and Omega males in many ways*

*Before we go further,*

*Are you an alpha or beta male? Or perhaps even a Sigma male?*

*The below 10 traits of SIGMA MALES will help you arrive at a definite answer.*

# **10 PRINCIPLES OF POWER FOR SIGMA MALES**

# *1. Sigma Males Are Ambiverts*

Sigma males are known as ambiverts because they prefer the company of their loved ones over social gatherings.

They love to preserve their energy, so they avoid social gatherings and people who can drain them of this energy.

Their preference for quiet time alone makes them difficult to be in a relationship with. Likewise, women who dote and obsess over their lovers will struggle with a Sigma male.

Relationships with Sigma males have a higher chance of success when the woman is not one to act clingy and wants to be around her partner.

However, as alluded to earlier, they are open to sharing their energy with a selected few because they understand the importance of having reliable and valuable people in their corner.

## *2. Sigma Males Are Adaptive*

Sigma males don't prefer certain situations like alpha and beta males. However, they can adapt and still perform excellently in any situation.

They can maintain their performance in social situations and team events and interact with people from different social hierarchies.

Their adaptive nature is one of the reasons they make great leaders. It means as leaders, they can adapt to different situations to make crucial decisions.

Sigma males don't have the constant need to be leaders all the time. Instead, they're comfortable being leaders or followers, as long as the role will allow them to bring value to the table.

This confidence to adapt to any environment and perform well is often mistaken as arrogance by many people.

### *3. Sigma Males Are Secure*

Sigma males do not need external validation to feel accomplished because they have internal validation.

They're powerful enough to tame the voice of insecurity that makes others unhappy.

They tame this voice by tapping into their inner strength.

This is one of the reasons why Sigma males are often successful in their endeavors.

They're never weighed down by self-doubt or limiting beliefs.

Unlike alpha males, sigma males stay away from social obligations and commitments. They're not trend followers, neither do they harbor the ambition to be popular.

Their inner security makes them self-sufficient, not needing anyone to take care of them.



## *4. Leaders, Not Dictators*

The leadership style of Sigma males is characterized by mutual communication and respect for their followers.

They're not interested in establishing their dominance over others because they're busy leading by example.

Sigma males lead without being loud and intimidating. As a result, you can rely on them to consistently deliver what's needed.

They are a perfect mix of alpha confidence but without the downside of a large and fragile ego that needs constant outer validation.

The good listening skills of Sigma males are another characteristic that makes them excellent leaders. They allow everyone to speak without disrespecting their opinions or ideas.

## *5. Self-Awareness*

Unlike many men who lack self-awareness, Sigma males are aware of who they are, their weaknesses, strengths, and feelings. This makes them more attractive, which gets them the most attention from women.

Sigma males constantly strive to improve for the better and reduce their vulnerability to their weaknesses.

Instead of spending their time in social gatherings, Sigma males would spend their time thinking of ways to improve.

The self-awareness of Sigma males is different from those of beta males, which is fueled by and manifests in insecurities. This insecurity-fueled awareness makes beta males unattractive.

## *6. A Beautiful Sunset*

As mentioned earlier, Sigma males adapt to different environments without sacrificing their performance or competence. This should not be confused with the treatment of others based on their social status.

Sigma males are not like many people. They accord everyone they meet with the same level of respect, be it a janitor, lawyer, doctor, or CEO of a successful company. Their respect for everyone, which gives them access to a broader range of ideas and opinions, is another reason why they make excellent leaders

They are opposed to treating people differently or giving preferential treatment based on their social status. They don't subscribe to the "invincible" rule that people high on the social hierarchy should be treated specially.

## *7. Not Black or White, but Grey*

Sigma males are fierce guardians of their beliefs, as we've alluded to in the aspect of social status dependent-respect. However, they are often cynical and jaded.

Their morality compass is neither black nor white but somewhere between grey. They often believe that everything is a matter of perspective.

Sigma males are opposed to the respect that society accords certain parts of "the system" because they believe that such portions of the system are unworthy.

## *8. Risk Takers*

Sigma males are not afraid to take risks in pursuit of their goals.

Unlike rebels and disruptors, sigma males are okay breaking a few rules while taking calculated risks to achieve their aim.

Their ability to finely combine pragmatism and idealism is another reason why they make excellent leaders.

Sigma males take risks that serve a valuable purpose.

They don't take risks for the derived satisfaction of external validation or breaking the rules.

Sigma males prosper in sports, entrepreneurship, and creativity, where high risk gives high rewards.

## 9. Self-Sufficiency

Sigma males are independent self-starters who don't wait for others to tell them what to do. They're often found at top levels, such as executive and managerial positions.

They are ambitious and have the competence to break their vision and goals into actionable steps.

The ambitious nature of Sigma males and the conviction to pursue them is why many entrepreneurs have the trait. They prefer to build things with their hard work rather than work for others.

They don't like the idea of relying on others for the basics of life.

As masters of their faith, Sigma males are not bound by societal structures, but seek to create lifestyles compatible with their personality. They pursue lifestyles that are not bound by the rigidity of established structures and systems.

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## *10. Difficult to Understand*

Men who have the Sigma male personality are not easily understood because their decisions, choices, and behavior doesn't fit into the traditional Alpha-Beta male distinction or what it means to be dominant or submissive.

Sigma males prioritize problem-solving over the need to converse with others. Their opposing stance to traditional societal expectations portrays them as robotic partners with no feelings.

However, this is not true. Sigma males are one of the best people to have as a partner because of their high self-awareness.

Sigma males often struggle with communicating their thoughts or plans because they're stuck in their head.

However, they have excellent plans for those they care about, and are always looking for ways to bring the best out of them.

# CONCLUSION

*In essence, sigma males are simply the masters of their fate. It may be difficult for others to understand them, but they don't seek external validation, so they don't care. They live in their world and rule our world.*

THE TIME IS NOT FAR WHEN SIGMA MEN RISE TO THE TOP OF THE  
NEW HIERARCHY AND REDESIGN THIS WORLD FROM TOP TO  
BOTTOM.

*We hope you have gained more insight about sigma males in this book!*

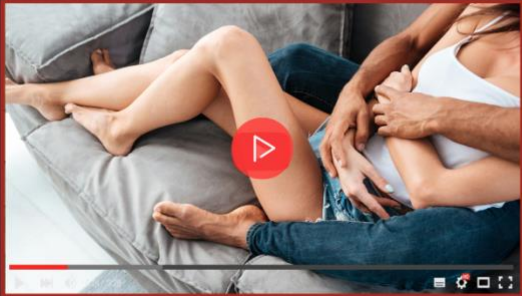


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